

# Mylor Yacht Club

## SAILING INSTRUCTIONS for the SKB SAILS FIVE CREEKS RACE Sunday 1 August 2010 HW 0937 4.7m, LW 1548 1.5m

**RULES** The race is sailed under the International Sailing Federation (ISAF) Racing Rules of Sailing (RRS) 2009 – 2012 and the Mylor Yacht Club Notice of Race and Sailing Instructions 2010.

**ENTRY** A boat will count as a starter if a completed entry/declaration form has been lodged with the Sailing Secretary (and the entry fee for non-members has been paid) at least 48 hours prior to the start of the race they are entering. If severe weather is anticipated the decision to abandon racing may be taken on the morning of the race and will be confirmed by displaying flags “N” over “A” from the clubhouse mast.

**CLASSES** There will be one class for this race.

**STARTS** (RRS 26 is changed)

10.05:	Warning signal	
10.10:	Preparatory signal	Flag P displayed
10.15:	Start	Flag P removed

**STARTING LINE** The starting line will be in that area of the Carrick Roads bounded by North Bank and Messack channel buoys (lats and longs) and will be an imaginary line between the mainmast of the Committee Boat flying an orange flag and the outer distance mark, approximately downwind of the windward mark. The start will be in the direction of the windward mark. All boats must keep clear of the start line until the preparatory signal. Boats failing to do so will be disqualified. A buoy or dinghy may be streamed astern from the committee boat.

**FINISHING LINE** The finishing line will be the imaginary line separating the Port of Truro from the Port of Falmouth, between Messack Point (approximately 50°10'.9N 05°01'.5W) and the obelisk on Penarrow Point (approximately 50°10'.3N 05°02'.8W). *Boats finishing may cross this line from any direction.* **Boats that have finished should clear the line as soon as possible and keep clear of boats that are racing (RRS 22.1).**

**CHOICE OF VHF CHANNEL FOR RACE COMMUNICATION** The Race Officer will inform competitors on Channel 16 of the working channel (77 or 6) to be used.

**REPORTING BY COMPETITORS** Competitors are to report their finish times and the times at which they rounded the marks of the course, and if possible the names of the boats ahead and astern of them at these times, if noted, to the Race Officer as soon as possible after finishing.

**RETIRING** Competitors shall promptly call **Mylor Committee Boat** (or the name of a competing boat which may have been advised) VHF Channel 16, 77 or 6 or call the Race Officer's mobile phone (number to be advised) or the shore base number (to be advised). If a competitor decides not to start after verbally confirming their intention to start on 28 August, then they shall report this as a retirement.

**TIME LIMIT** The time limit will be 1700 hrs on the day of the race.

**RESULTS** Results will be calculated using the current MYC list of handicaps.

**SAFETY** Competitors are reminded of the Rules and Conditions of Entry in the Notice of Race, in particular:

**Commercial Shipping.** Competitors must comply with the requirements detailed in the Notice of Race, which includes the use of RRS 43.3h.

**Divers.** Competitors shall not enter a two boat length zone around any of the following: a dive boat flying International Code flag “A”, an orange pillar indicating a diver beneath the surface or a diver on the surface. All are

Mylor Yacht Club is very grateful for the following sponsorship:

Race prizes: Penrose Sailmakers, Skinners Brewery, Mylor Chandlery & Rigging, SKB Sails and Falmouth Boat Construction.

Club racing marks: Challenger Marine, Roger Taylor Optometrist, Penryn Dental Practice and Mylor Yacht Harbour.

**Harbour Restrictions.** After the preparatory signal, no boat shall enter the moorings areas off Mylor, Loe Beach and St Just. The areas are bounded by the outer moorings or boats moored thereon and are designated as continuous obstructions.

**August Rock** Competitors should be aware of the rocks in the vicinity of August Rock buoy and other shallows presenting a risk of grounding.

**Nare Point** Competitors should be aware of the rocks and other shallows in the vicinity of Nare racing mark presenting a risk of grounding.

**Carlys Rocks** Competitors should be aware of the rocks in the vicinity of Carrick buoy and other shallows presenting a risk of grounding.

**Water ski areas** Competitors should be aware of the two water ski areas off the Roseland shore, presenting a risk of close quarter situations with water skiers and their towing boats.

**Communication** for the purpose of safety and race management will be by VHF Channel 77 or 6. Competitors are advised to monitor VHF Channels 16 and 77 or 6 whilst racing but should only **transmit urgent safety information by VHF or mobile phone 07837 609319 to the Race Officer.**

## **COURSES**

The course will be indicated by International Code numeral flags displayed on the Committee boat.

Course 1. Competitors are to round the windward mark first (keeping it to port), then are to round the following marks in any order:

Long Lodge  
Nare  
St Just channel buoy  
A red buoy to be laid off Turnaware  
A red buoy to be laid off the Pandora

Course 2. Competitors are to round the windward mark first (keeping it to port), then are to round the following marks in any order:

Long Lodge  
St Just channel buoy  
A red buoy to be laid off Turnaware  
A red buoy to be laid off the Pandora

## **MARKS OF THE COURSE**

Windward mark (a yellow buoy laid approximately 1 to 1.5 miles to windward of the start line).

Nare (approximately 50°10'.9N 05°01'.5W) (Course 1 only) (a yellow spherical buoy)

Long Lodge (approximately 50°09'.1N 05°00'.9W) (an orange buoy with a flag)

St Just channel buoy (approximately 50°10'.9N 05°01'.5W)

A red buoy to be laid off Turnaware (approximately 50°10'.9N 05°01'.5W)

A red buoy to be laid off the Pandora (approximately 50°10'.9N 05°01'.5W)