

# Mylor Yacht Club

## SAILING INSTRUCTIONS 2010: FRIDAY EVENING SERIES AND LADIES' RACE

**RULES** All races are sailed under the International Sailing Federation (ISAF) Racing Rules of Sailing (RRS) 2009 – 2012 and the Mylor Yacht Club Notice of Race and Sailing Instructions 2010.

**ENTRY AND IDENTIFICATION** A boat will only count as a starter if a completed entry/declaration form has been lodged with the Sailing Secretary (and the entry fee for non-members has been paid) at least 48 hours prior to the start of the race they are entering. Boats should sail in the class indicated on the list on the Club notice board or as advised by the Sailing Secretary. All boats must fly their class identification flag from their backstay or leech of the mainsail.

**STARTS** (RRS 26 is changed) Races will start at 5 minute intervals. The warning signal will be 10 minutes before the start (class flag displayed). The preparatory signal will be 5 minutes before the start (flag "P" displayed). Flag "P" will remain hoisted until the start of the last race. Times shall be taken from the visual signal; the failure of the sound signal shall be disregarded.

### CLASSES AND START TIMES

#### Friday Evening Series (sponsored by *Penrose Sailmakers, Mylor Chandlery and Falmouth Boat Construction*)

18.25:	Warning signal	Class flags
18.30:	Preparatory signal	P
18.35:	PY Yachts Division 1	E
18.40:	PY Yachts Division 1	U
18.45:	Gaffers & Shrimpers	G/H
18.50:	PY Yachts Division 2	Q
18.55:	Working Boats	B/C

#### Ladies Race (sponsored by *SKB Sails*)

10.35:	Warning signal	Class flags
10.40:	Preparatory signal	P
10.45:	PY Yachts	U
10.50:	Gaffers & Shrimpers	G

**STARTING LINE** The starting line will be an imaginary line between the mainmast of the Committee Boat flying an orange flag and the outer distance mark, approximately downwind of the first mark. All starts will be in the direction of the first mark. All boats must keep clear of the start line until their 5 minute signal. Boats failing to do so will be disqualified. A buoy or dinghy may be streamed astern from the committee boat.

**RECALLS** The individual signal for a premature start will be flag "X" displayed accompanied by one sound signal. "X" will be displayed until recalled boats have returned to the pre-start side of the line but no later than 4 minutes after the start signal.

**GENERAL RECALLS** RRS 29.2 is modified. Flag "First substitute" will be displayed with two sound signals and will be flown until all boats have returned but no later than 4 minutes after the starting signal. The preparatory signal for the new start for the recalled class will be the starting signal of the last start in the sequence.

**GATE** The gate is the same as the start line. Boats must pass through the gate in the direction from the previous mark. **Boats must not pass through the gate/finish line unless they are on a leg of the course requiring them to do so.**

**FINISHING LINE** The finishing line will be same as the start line/gate; the Committee Boat will display a blue flag. All finishes will be in the direction from the previous mark. **Boats that have finished should clear the line as soon as possible and keep clear of boats that are racing (RRS 22.1).**

**USE OF VHF** The Race Officer **may** give out race information, which is to be considered as a guide for competitors, on VHF Channel 77 or Channel 6 at any time up to five minutes before the class start. See the Notice of Race for information on the choice of the working channel. See the Notice of Race for information on the choice of the working channel.

**SHORTENED COURSE** The race may be finished at any mark of the course between that mark and a boat flying a blue flag and flag "S", or at the gate. Flag "S" indicates that all classes will finish the race at the gate on completion of the round being sailed. Flag "S" displayed with class flag(s) indicates that the race will finish at the gate for the class(es)

shown on completion of the round being sailed. If the course has not been shortened at the gate and subsequently racing is abandoned or there are no boats finished within the time limit, but where times and positions were recorded at the gate, the Race Officer will declare results based on those times and positions.

**RETIRING** Competitors shall promptly hail the committee boat, or call the committee boat on VHF Channel 77 or Channel 6 or by mobile phone 07837 609319. Competitors retiring without adhering to this procedure will score as if they were “DNC”.

**TIME LIMIT** Time limits are as follows:

*Friday Evening Races (except the races on 27 August and 3 September):* the time limit will be 21.00 hrs, except that when one boat in a class finishes within that time limit there will be an extension to 21.15 hrs for boats in that class.

*For the races on 27 August and 3 September:* the time limit will be 20.30 hrs, except that when one boat in a class finishes within that time limit there will be an extension to 20.45 hrs for boats in that class.

*Sunday morning races:* the time limit will be 12.30 hrs.

*Sunday afternoon races:* the time limit will be 17.30 hrs.

**POSTPONEMENT AND ABANDONMENT** Before the starting signal, the Race Officer may for any reason postpone the race, for classes which have yet to start, by displaying the answering pennant (AP) and giving two sound signals. On completion of the postponement, the Race Officer will remove flag AP, giving one sound signal. The warning signal will then be made 1 minute after removal, provided the race is not postponed again. If flag “N” is displayed, with three sound signals, all races that have started are abandoned. The warning signal will then be made 1 minute after removal, provided the race is not abandoned again or postponed (RRS 27.3, 32.1).

**PROTESTS** The Race Officer must be informed verbally of intention to protest promptly after the finish. Written protest forms are available at the Club and must be lodged with the Race Officer by 22.00 hrs on the evening of the race. The protest will be heard in the Club at a time and date to be notified. A boat intending to protest shall inform the other boat at the first reasonable opportunity, by hailing “Protest” and displaying a red flag at the first reasonable opportunity, and display the red flag until she is no longer racing (RRS 61.1).

**SCORING** The low points system of scoring shall apply. See the Notice of Race for information on discards.

**SAFETY** Competitors are reminded of the Rules and Conditions of Entry in the Notice of Race. In particular:

**Commercial Shipping.** Competitors must comply with the requirements detailed in the Notice of Race, which includes the use of RRS 43.3h.

**Divers.** Competitors shall not enter a two boat length zone around any of the following: a dive boat flying International Code flag “A”, an orange pillar indicating a diver beneath the surface or a diver on the surface. All are to be treated as obstructions.

**Harbour Restrictions.** After her preparatory signal, no boat shall enter the moorings areas off Mylor, Loe Beach and St Just. The areas are bounded by the outer moorings or boats moored thereon and are designated as continuous obstructions.

**Carlys Rocks.** Competitors should be aware of the rocks in the vicinity of Carrick buoy and other shallows presenting a risk of grounding.

**Water ski areas.** Competitors should be aware of the two water ski areas off the Roseland shore, presenting a risk of close quarter situations with water skiers and their towing boats.

**Communication.** Communication for the purpose of safety and race management will be by VHF Channels 77 or 6. See the Notice of Race for information on the choice of the working channel. Competitors are advised to monitor VHF Channels 16 and 77 or 6 whilst racing but should only **transmit urgent safety information by VHF or mobile phone 07837 609319 to the Race Officer.**

**COURSES** The course group will be indicated by a numbered board displayed on the Committee Boat. Courses within that group will be indicated by International Code numeral flags displayed under class flags. **Refer to the separate course card.**

**MARKS** **Refer to the course card for approximate mark positions.** If a mark is not available, then flag “M” will be displayed and a yellow buoy showing flag “M” will be laid as an alternative mark in the vicinity of the unavailable mark. Flag “M” may also be displayed from the RIB, when it is used as an alternative mark.

Mylor Yacht Club is very grateful for the following sponsorship:

*Race prizes:* Penrose Sailmakers, Skinners Brewery, Mylor Chandlery & Rigging, SKB Sails and Falmouth Boat Construction.

*Club racing marks:* Challenger Marine, Roger Taylor Optometrist, Penryn Dental Practice, Mylor Chandlery and Rigging and Mylor Yacht Harbour.